

# WORLD BREASTFEEDING WEEK 2017




Join us as we celebrate and support breastfeeding in our community. Everyone is welcome and all events are free of charge.

Saturday,  
September 30  
10am-12pm  
Belleville

## Breastfeeding Brunch


Be a part of the global challenge to have the most babies latched at the same time! Enjoy a free brunch, raffle table, mini breastfeeding portraits, swag bags and more. Hosted by the Quinte Breastfeeding Advocacy Network and sponsored by the Quinte Midwives.

 Hastings Prince Edward Public Health  
179 North Park St., Belleville

Tuesday,  
October 3  
10am-12pm  
Bancroft

## Mom and Baby Yoga


Join us for a yoga class. Bond with your baby in a welcoming and supportive environment. Enjoy special time with your baby, either holding your baby in your arms, leaning against your leg, on your front, sitting in your lap or resting on a blanket. Light snacks to follow class. Hosted by North Hastings Children's Services.

 North Hastings Children's Services  
20 Hastings Heritage Way, Bancroft

Thursday,  
October 5  
10am-12pm  
Belleville

## Family Walk

Belleville Babywearing and Hike it Baby group invite you to meet other moms and dads and join us for a walk along the Riverside Park trail. If you'd like, arrive at 10am to try out a new carrier and have Belleville Babywearing help with fitting. The walk will begin at 10:30am and will be approximately 2.2km. After the walk, enjoy a light lunch at Hastings Prince Edward Public Health building. Rain or shine!

 Meet at Hastings Prince Edward Public Health  
179 North Park St., Belleville



We are committed to providing accessible publications, programs and services to all. For assistance, please call 613-966-5500; TTY: 711, or email [accessibility@hpeph.ca](mailto:accessibility@hpeph.ca). For more information, please visit [www.hpepublichealth.ca](http://www.hpepublichealth.ca).

